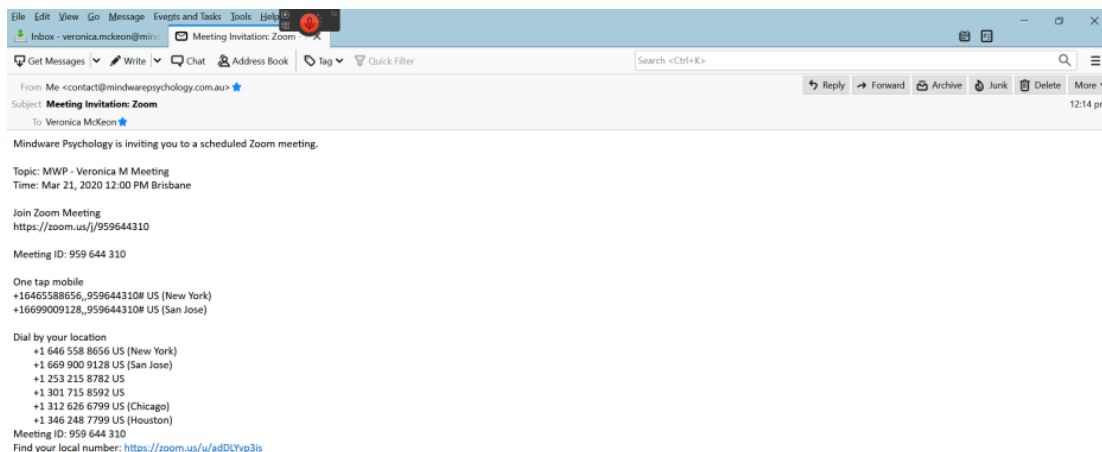




Information Guide for Zoom Telehealth Session

STEP ONE – Check your email

You will receive an email titled Zoom Meeting Invitation. Click on the link within the email that says **Join Zoom Meeting**. If the link does not work cut and paste this into your web browser eg. Google or chrome, or Safari.

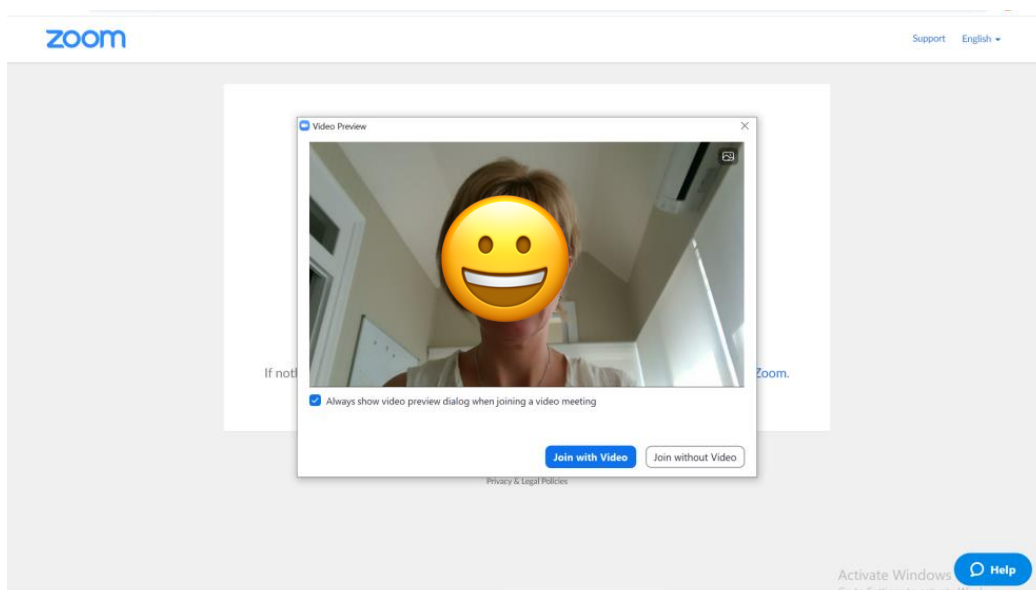
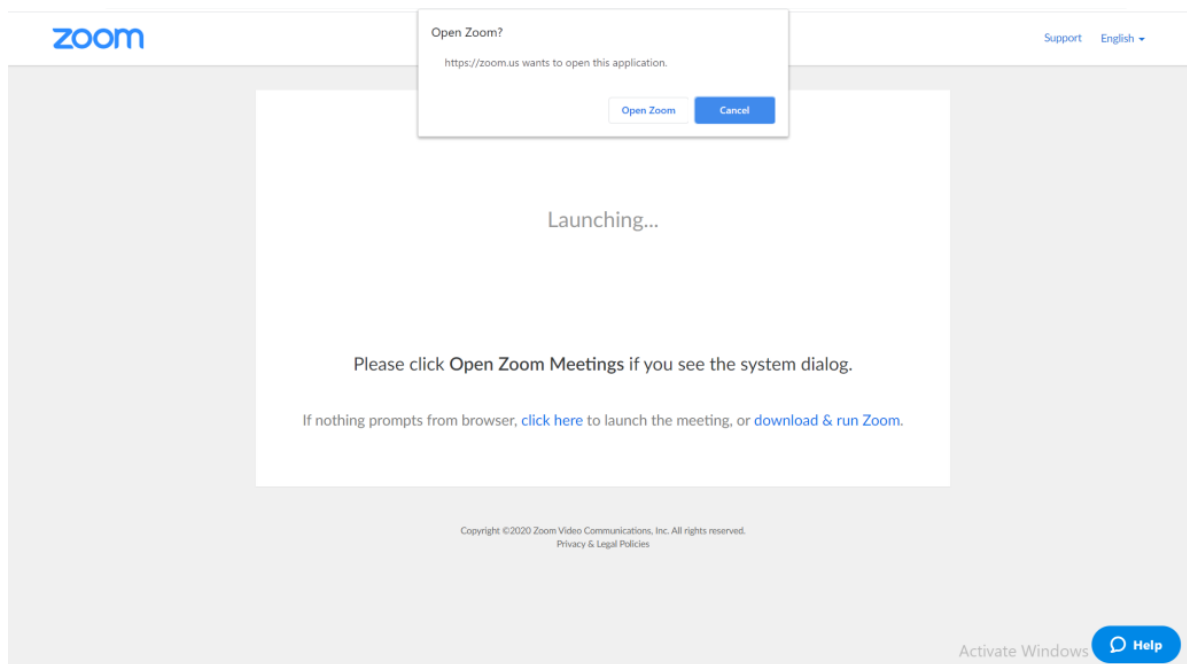


STEP TWO- OPEN ZOOM

There will be a small box that appears near the top of your screen that says “Open Zoom?”. Select the button that says **OPEN ZOOM**. If you have not already downloaded Zoom you will be asked to do that NOW.

STEP 3 – JOIN WITH OR WITHOUT VIDEO

You will now see a picture of yourself appear on the screen in a small box. Click the button if you want to **join with video**. If you have slow internet you may just want to join with audio. If that is the case then select the audio only button.



STEP 4 – YOU ARE NOW IN THE MEETING

You will now see a picture of your Psychologist ready to talk with you. If they have not arrived yet you will just see a blank screen, saying ‘Waiting to Join the Meeting’. Please just stay on the line until they arrive.

Well done you are all ready to have your Telehealth session. If you have any problems, please call Reception on 50215616 or email Kate on: katefrench@sidebysidepsychology.com.au

